

### La maladie de Fabry et l'implication du coeur

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### **Disclosures**

#### Speakers fees/honoraria/travel grants

Bayer, Biosense-Webster, Biotronik, Boston-Scientific, Daiichi-Sankyo, Medtronic, Sanofi Genzyme, Takeda

#### Advisory Boards

Amicus, Bayer, Biotronik, Boston-Scientific, Daiichi-Sankyo, GBc,
 Sanofi Genzyme, Takeda

#### Investigatorships

Biotronik, Daiichi-Sankyo, Biosense-Webster, Boston-Scientific,
 Sanofi Genzyme,

#### Research/fellowship grants

Abbott, Biotronik, Biosense-Webster, Sanofi Genzyme, Takeda

### Presidency

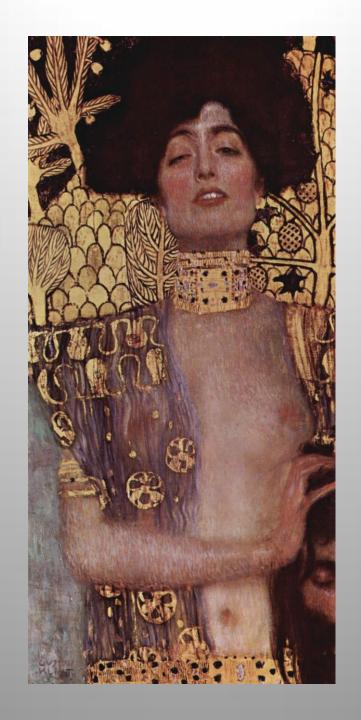
CHAR – Swiss Arrhythmia Foundation

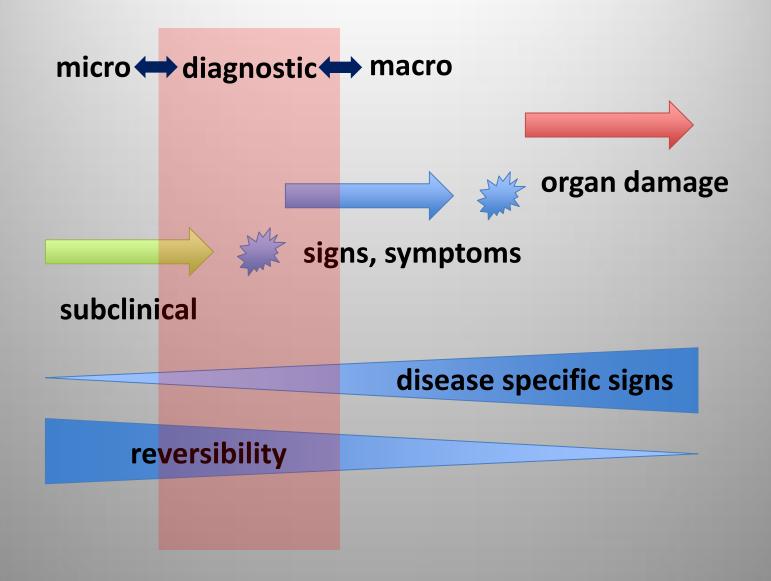
### **HOW TO DIAGNOSE**



**AWARENESS** 

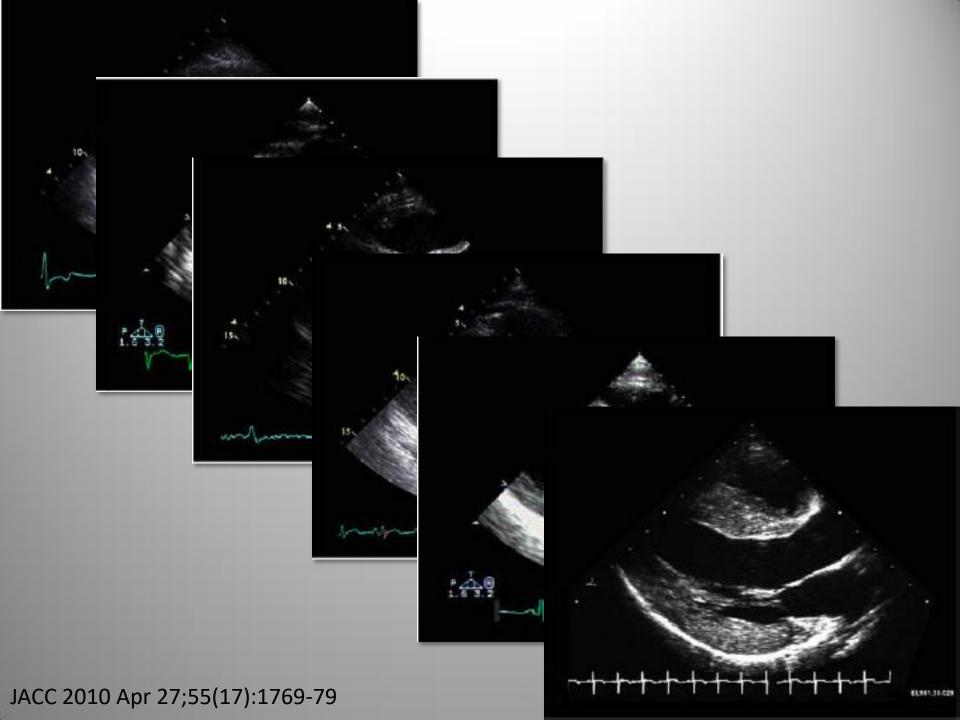






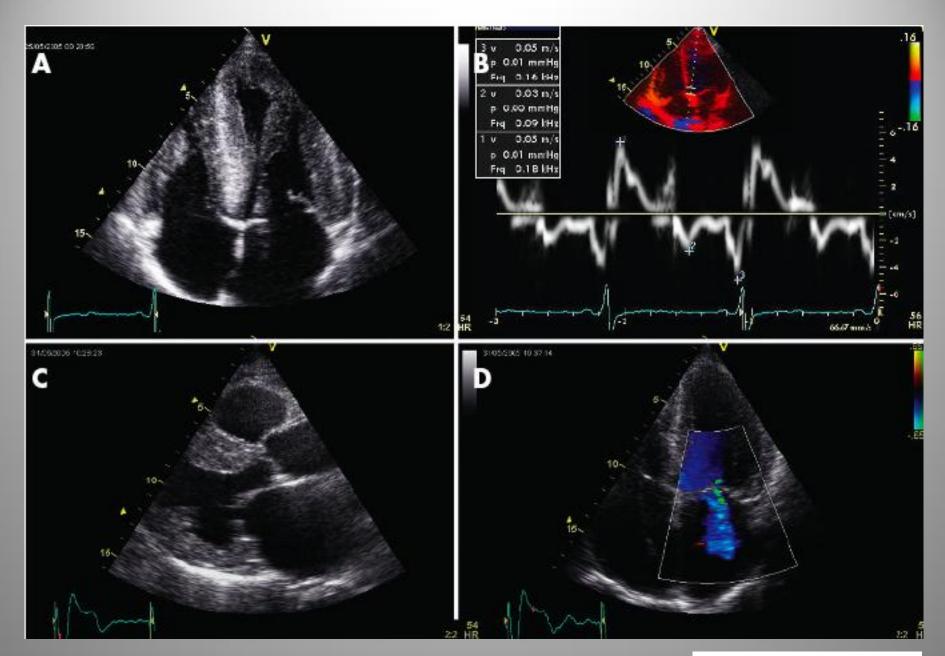
### **MACROSCOPIC** DIAGNOSTIC TOOLS

# ECHOCARDIOGRAPHY DIASTOLIC DYSFUNCTION LEFT VENTRICULAR HYPERTROPHY FIBROSIS



### Diagnostic criteria HCM

- In an adult, HCM is defined by a wall thickness ≥15 mm in one or more LV myocardial segments—measured by any imaging technique (echo/MRI/CT)—that is not explained solely by loading conditions.
- Genetic and non-genetic disorders can present with lesser degrees of wall thickening (13–14 mm) → diagnosis of HCM requires evaluation of other features including family history, non-cardiac symptoms and signs, electrocardiogram (ECG) abnormalities, laboratory tests and multi-modality cardiac imaging.
- Challenged by HCM phenocopies (e.g., Fabry disease, lysosomal associated membrane protein-2 (LAMP2) cardiomyopathy, or amyloidosis)



Heart 2007;93:528-535.

	Finding	Specific diseases to be considered			
	Increased interatrial septum thickness	Amyloidosis			
	Increased AV valve thickness	Amyloidosis; Anderson-Fabry disease			
	Increased RV free wall thickness	Amyloidosis, myocarditis, Anderson- Fabry disease, Noonan syndrome and related disorders			
	Mild to moderate pericardial effusion	Amyloidosis, myocarditis			
	Ground-glass appearance of ventricular myocardium on 2D echocardiography	Amyloidosis			
	Concentric LVH	Glycogen storage disease, Anderson- Fabry disease, PRKAG2 mutations			
	Extreme concentric LVH (wall thickness ≥30 mm)	Danon disease, Pompe disease			
	Global LV hypokinesia (with or without LV dilatation)	Mitochondrial disease, TTR-related amyloidosis, PRKAG2 mutations, Danon disease, myocarditis, advanced sarcomeric HCM, Anderson-Fabry disease			
	Right ventricular outflow tract obstruction	Noonan syndrome and associated disorders			

### LGE (replacement fibrosis) in females independent of LVH

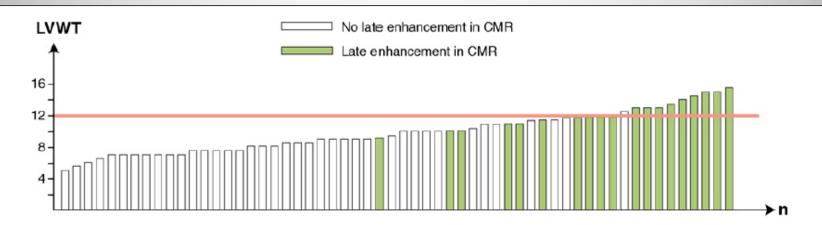


Figure 1. Distribution of LE Depending on LVWT in Female Patients With Fabry Disease

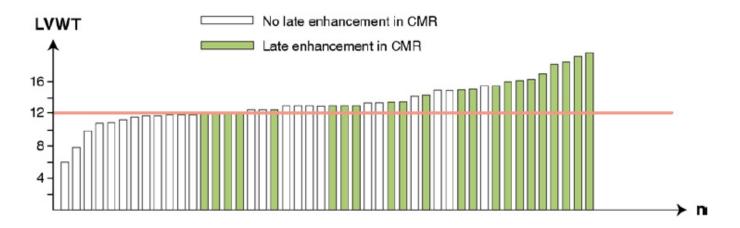


Figure 2. Distribution of LE Depending on LVWT in Male Patients With Fabry Disease

JACC: CARDIOVASCULAR IMAGING, VOL. 4, NO. 6, 2011
JUNE 2011:592-601

### T1 MRI – Mapping for early recognition

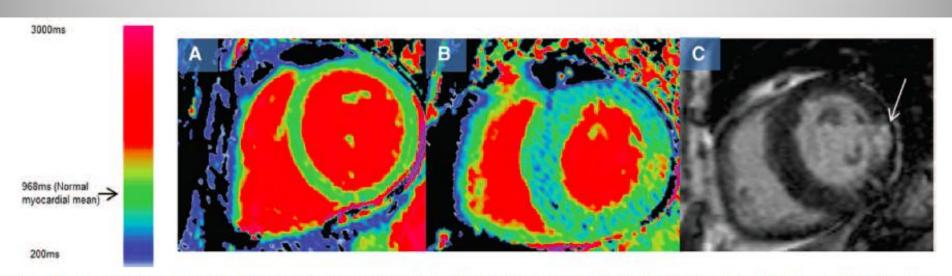
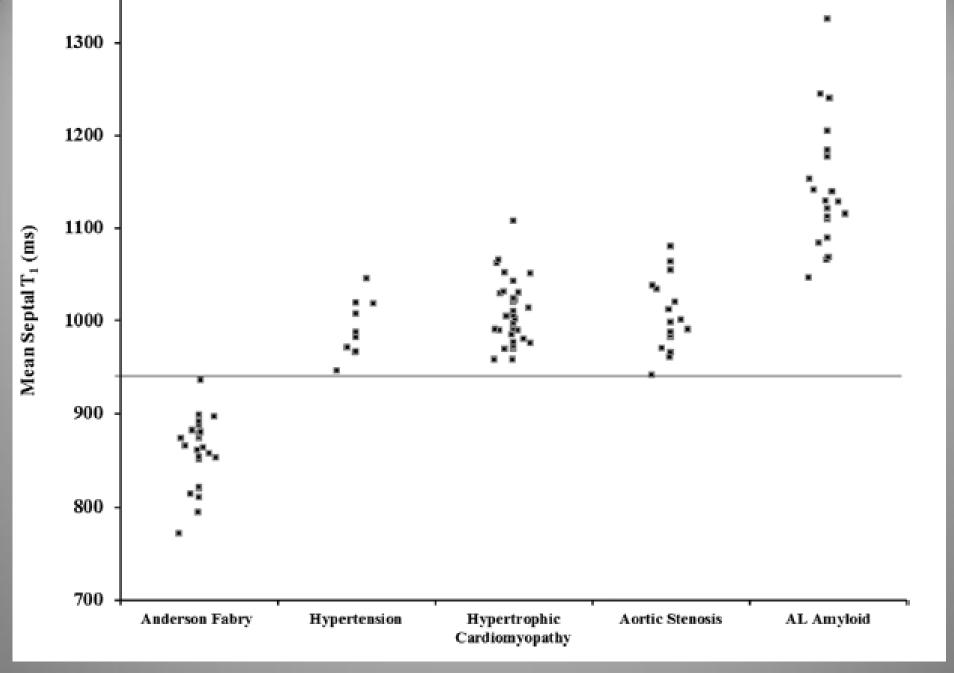


Figure 1. A noncontrast basal short-axis T<sub>1</sub> map from a healthy volunteer (A) and a patient with Anderson-Fabry disease (AFD; B). Blue areas (T<sub>1</sub> lowering) are seen in the AFD septum and red (T<sub>1</sub> increasing) in the inferolateral wall, correlating with the area of late gadolinium enhancement in the same patient (C, arrow).

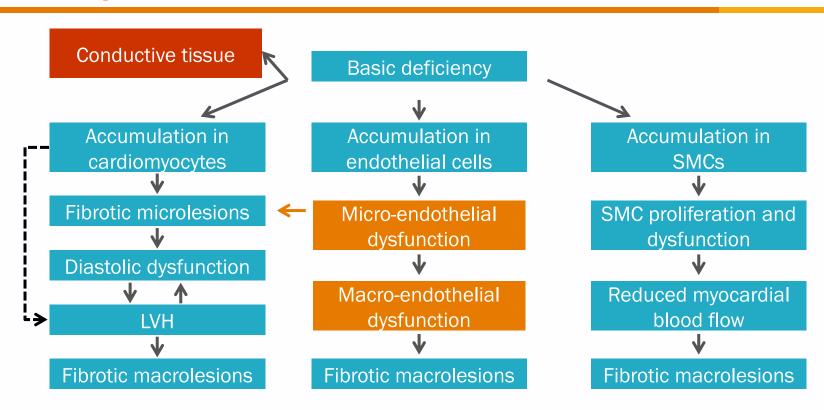


Circ Cardiovasc Imaging. 2013;6:392-398

### **MICROSCOPIC DIAGNOSTIC TOOLS**

## BIOPSIES ELECTROCARDIOGRAM MRI

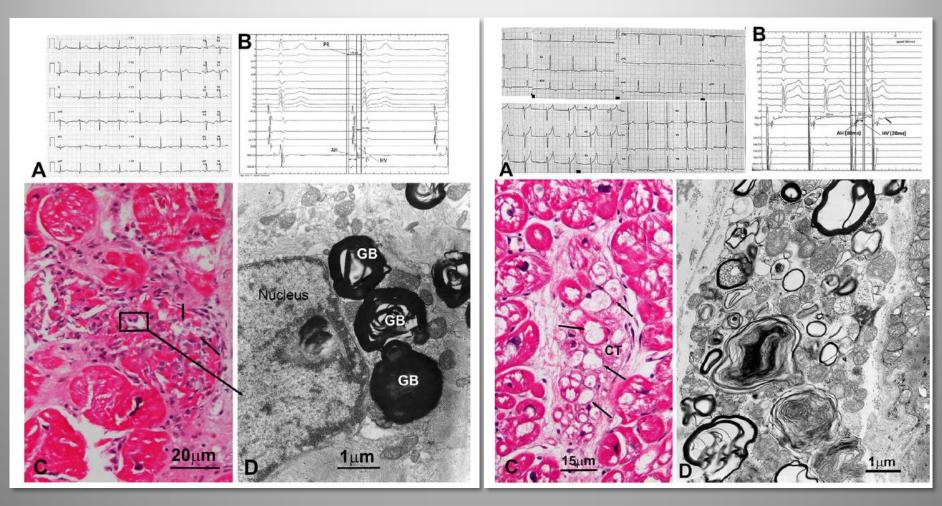
### Simplified course of disease pathogenesis in Fabry disease



SMC, smooth muscle cell.

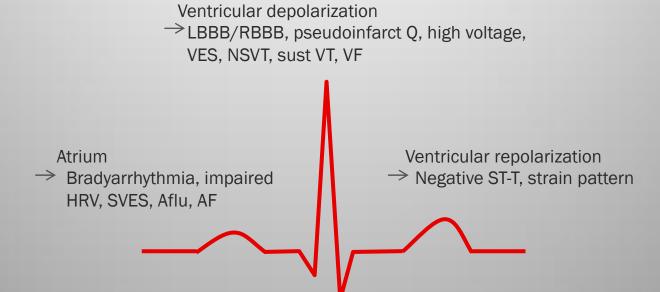
### **PATHOLOGY AND CONDUCTION TISSUE INVOLVEMENT**

FEMALE MALE



Circ Arrhythm Electrophysiol. 2015;8:799-805.

### Most prevalent conduction abnormalities and arrhythmia

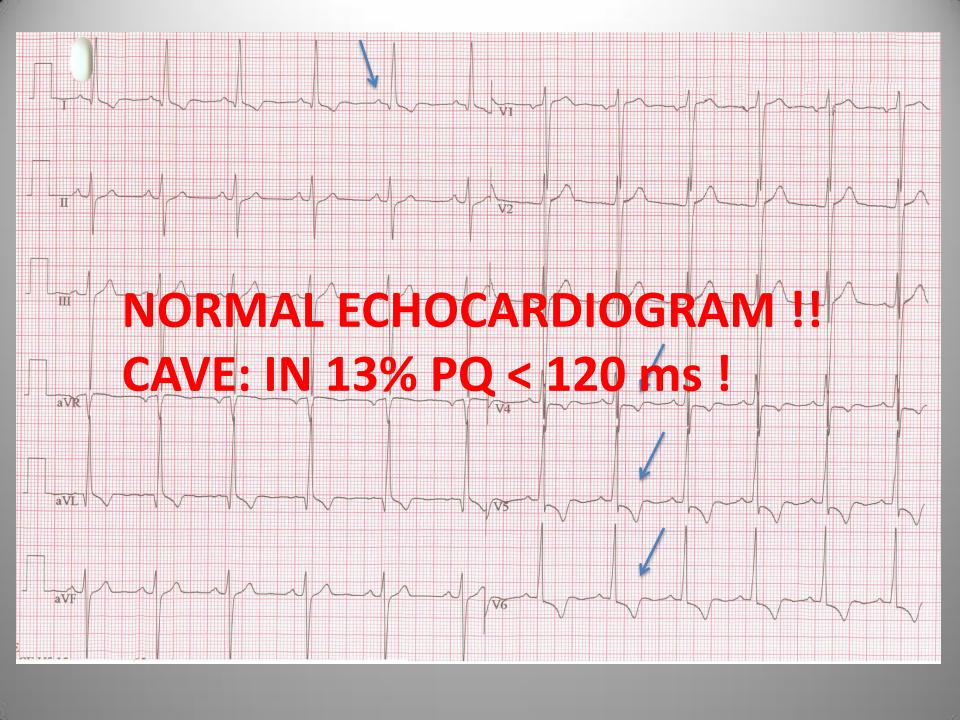


→ PQ "shortening" by P wave shortening, AV block

AF, atrial fibrillation; Aflu, atrial flutter; AV, atrioventricular; HRV, heart rate variability; LBBB, left bundle branch block; NSVT, non-sustained ventricular tachycardia; RBBB, right bundle branch block; sust VT, sustained ventricular tachycardia; SVES, supraventricular extrasystole; VES, ventricular extrasystole; VF, ventricular fibrillation.

AV conduction

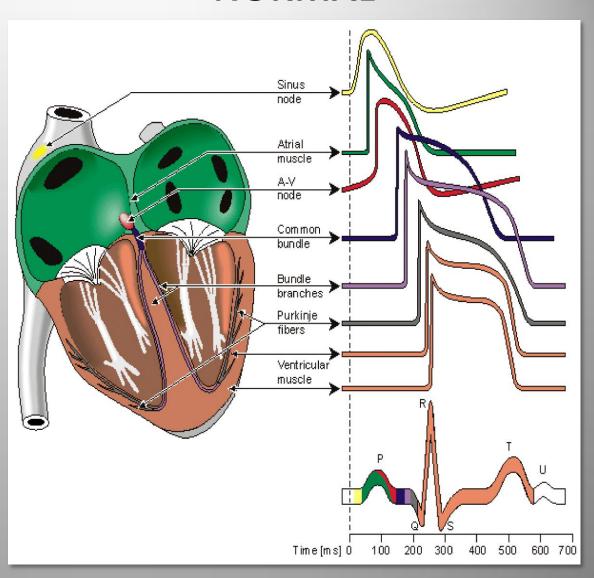
Namdar M. Front Cardiovasc Med. 2016;3:7.



### **FABRY**

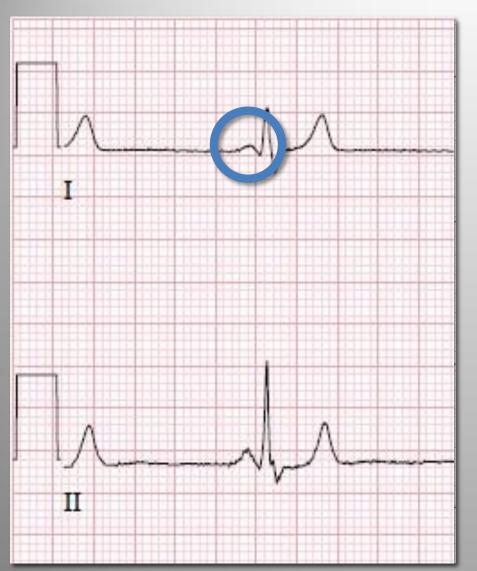
### aVR. aVL Ш aVF H

### **NORMAL**



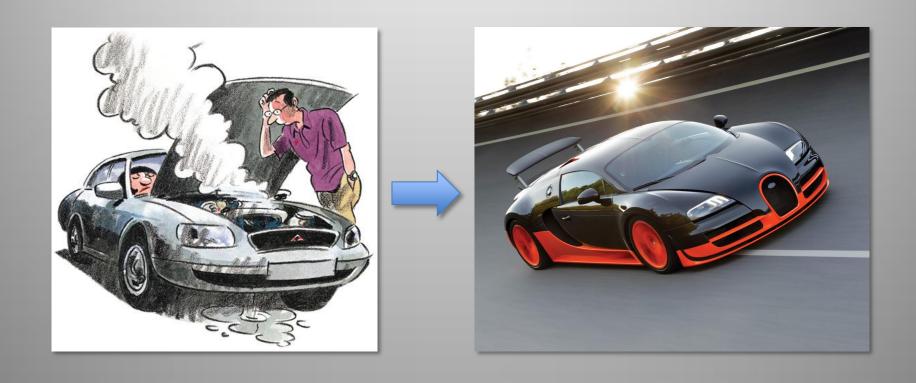


### **NORMAL**

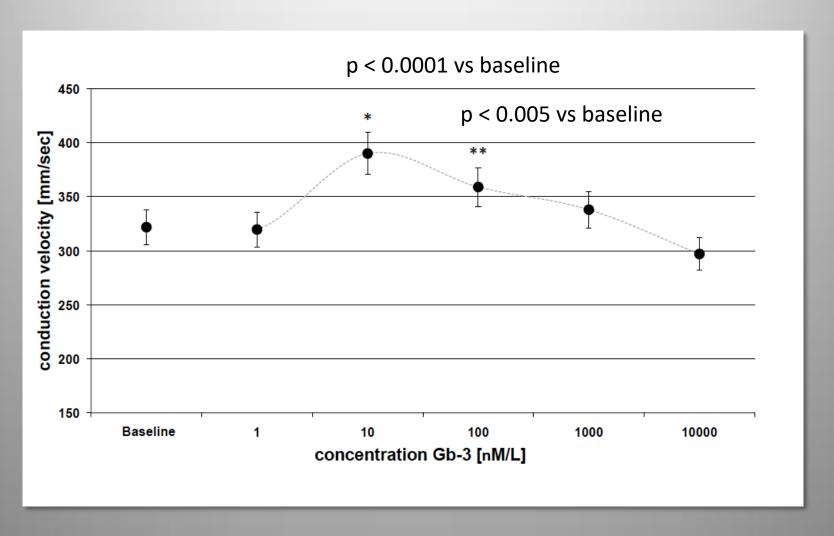




## Almost inexistent and exquisite phenomenon - completely counterintuitive if not paradoxical in the context of any cardiac disease !!!



### Increased conduction velocity!!



### ECG changes and GL-3-related endothelial dysfunction in Fabry disease

#### PQ Interval in Patients With Fabry Disease

Mehdi Namdar, MD<sup>a,\*</sup>, Christoph Kampmann, MD<sup>b</sup>, Jan Steffel, MD<sup>a</sup>, Daniel Walder<sup>a</sup>, Johannes Holzmeister, MD<sup>a</sup>, Thomas Felix Lüscher, MD<sup>a,c</sup>, Rolf Jenni, MD<sup>a,c</sup>, and Firat Duru, MD<sup>a,c</sup>

### Electrocardiographic changes in early recognition of Fabry disease

Mehdi Namdar,<sup>1,2</sup> Jan Steffel,<sup>1</sup> Mile Vidovic,<sup>1</sup> Corinna B Brunckhorst,<sup>1</sup> Johannes Holzmeister,<sup>1</sup> Thomas F Lüscher,<sup>1,3</sup> Rolf Jenni,<sup>1,3</sup> Firat Duru<sup>1,3</sup>

#### Value of Electrocardiogram in the Differentiation of Hypertensive Heart Disease, Hypertrophic Cardiomyopathy, Aortic Stenosis, Amyloidosis, and Fabry Disease

Mehdi Namdar, MD<sup>a,b,\*</sup>, Jan Steffel, MD<sup>b</sup>, Sandra Jetzer<sup>b</sup>, Christian Schmied, MD<sup>b</sup>, David Hürlimann, MD<sup>b</sup>, Giovanni G. Camici, PhD<sup>c</sup>, Fatih Bayrak, MD<sup>a</sup>, Danilo Ricciardi, MD<sup>a</sup>, Jayakeerthi Y. Rao, MD<sup>a</sup>, Carlo de Asmundis, MD, PhD<sup>a</sup>, Gian-Battista Chierchia, MD<sup>a</sup>, Andrea Sarkozy, MD, PhD<sup>a</sup>, Thomas F. Lüscher, MD<sup>b</sup>, Rolf Jenni, MD<sup>b</sup>, Firat Duru, MD<sup>b</sup>, and Pedro Brugada, MD, PhD<sup>a</sup>

#### Globotriaosylsphingosine Accumulation and Not Alpha-Galactosidase-A Deficiency Causes Endothelial Dysfunction in Fabry Disease

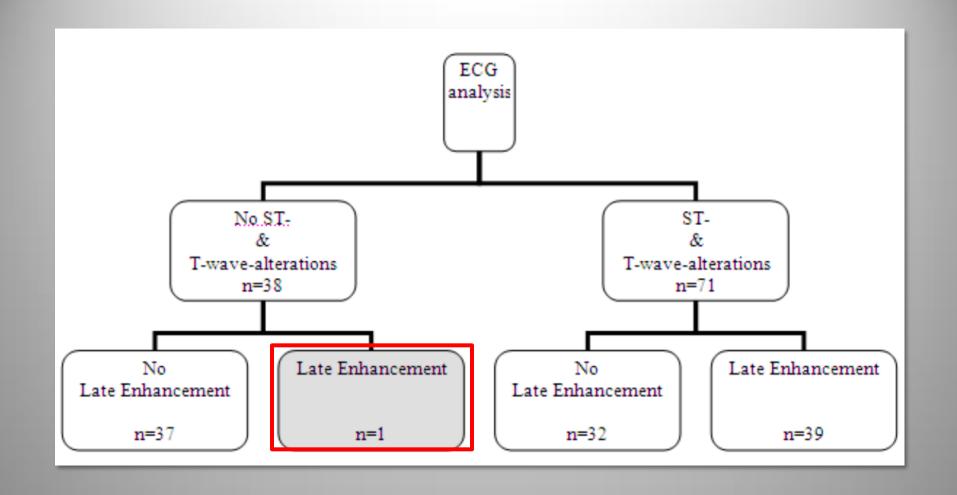
Mehdi Namdar<sup>1,2,9</sup>, Catherine Gebhard<sup>2,3,9</sup>, Rafael Studiger<sup>3,4</sup>, Yi Shi<sup>3</sup>, Pavani Mocharla<sup>3</sup>, Christian Schmied<sup>2</sup>, Pedro Brugada<sup>1</sup>, Thomas F. Lüscher<sup>2,3</sup>, Giovanni G. Camici<sup>3,4</sup>\*





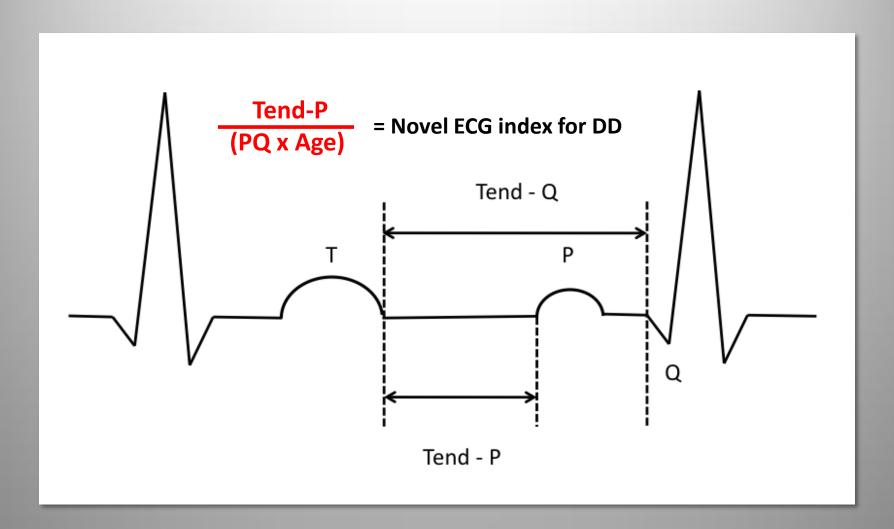




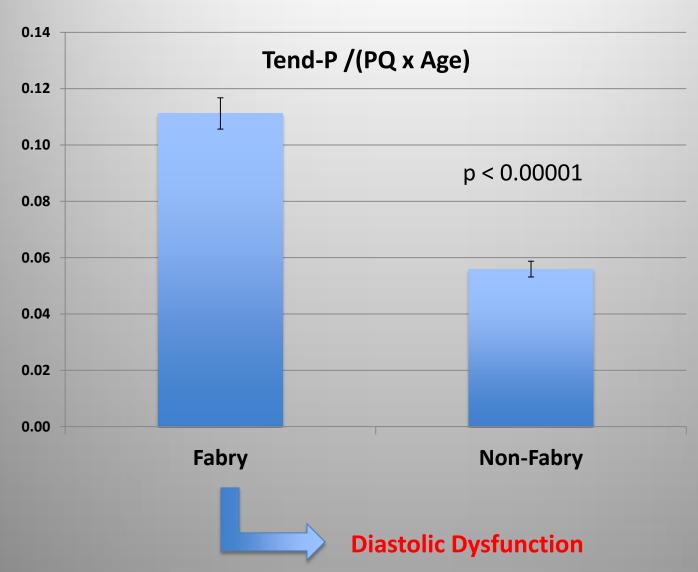


### Fibrosis unlikely when repolarization normal

### Diastolic dysfunction as detected by a novel ECG index



### Diastolic dysfunction as detected by a novel ECG index



Namdar et al. Manuscript under review Namdar et al. PLoS One. 2013 Nov 5;8(11):e79152

### IS THERE ANY LINK BETWEEN ONE AND THE OTHER "MICROSCOPIC" TOOL?

### Detectable prehypertrophic phenotype in Fabry disease - low native T1 & structural, functional, and ECG changes

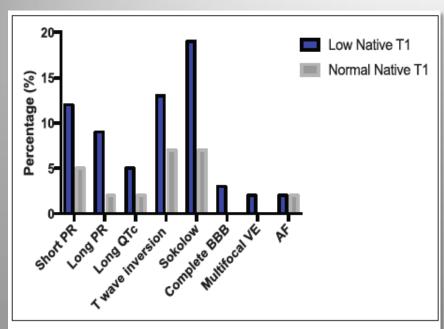


Figure 3. Comparison of ECG abnormalities between low native T1 and normal native T1 Fabry disease subgroups.

AF indicates atrial fibrillation; BBB, bundle branch block; and VE, ventricular ectopics.

Table 3. Comparison Between Low Native T1 and Normal Native T1 Fabry Disease With ECG, LGE, Troponin, NT-proBNP, MWT, LVMi, and LVEF

	Low Native T1	Normal Native T1	P Value
ECG (n=100)	0.005		
Abnormal	31	10	
Normal	28	31	
LGE (n=88)	0.01		
Positive	14	2	
Negative	38	34	
Troponin (n=73)	0.45		
Raised	5	2	
Normal	35	31	
NT-proBNP (n=76)	0.89		
Raised	7	5	
Normal	36	28	
Structure and function			
MWT, mm	9±1.5	8±1.4	<0.005
LVMi, g/m²	63±10	58±9	<0.05
LVEF, %	73±8	69±7	<0.01

BSA indicates body surface area; LGE, late gadolinium enhancement; LVEF, left ventricular ejection fraction; LVMi, left ventricular mass indexed to BSA; MWT, maximum wall thickness; and NT-proBNP, N-terminal pro-B-type natriuretic peptide.

Circulation: Cardiovascular Imaging

#### **ORIGINAL ARTICLE**

### Predictors of Clinical Evolution in Prehypertrophic Fabry Disease

LV mass, g/m²	75.5±16.5 (75.5, 60.0 to 89.0)	63.2±12.9 (59.0, 55.0 to 73.0)	84.8±12.8 (87.0, 75.0 to 95.0)	<0.0001
Maximum LVWT, mm	9.2±2.0 (9.0, 7.0 to 11.0)	7.6±1.7 (7.0, 7.0 to 8.0)	10.3±1.3 (11.0, 9.0 to 11.0)	<0.0001
Native septal T1, ms	906±68 970±22 (922, 842 to 967) (972, 948 to 986)		857±48 (852, 821 to 892)	<0.0001
Septal T2, ms	40±3 (41.0, 38.0 to 43.0)	40.8±3.4 (41.0, 39.0 to 43.0)	39.7±3.2 (40.0, 37.0 to 43.0)	0.30
LGE, n (%)	4 (9.1)	0 (0)	4 (15.4)	0.12
MSSI	15.0±8.7 (12.0, 9.0 to 21.5)	11.6±7.1 (10.0, 8.0 to 13.0)	17.5±9.0 (19.0, 9.0 to 25.0)	0.01
ERT, n (%)	18 (40.9)	5 (27.8)	13 (50.0)	0.15
Classical mutation in (%)	30 (68 2)	9 (50 0)	21 (80 8)	0.03
PR interval, ms	144.8±23.1 (141.0, 131.0 to 157.0)	140.5±15.9 (140.5, 131.0 to 147.0)	147.9±27.0 (141.0, 131.0 to 161.0)	0.57
QRS interval, ms	96.2±11.2 (95.0, 89.0 to 100.0)	95.2±10.0 (96.5, 88.0 to 100.0)	96.2±11.8 (94.0, 92.0 to 100.0)	0.71
SLI	29.1±8.2 (28.0, 21.0 to 36.0)	24.9±7.7 (23.5, 21.0 to 26.0)	32.1±7.2 (33.0, 27.0 to 38.0)	0.0001
Repolarization abnormalities, n (%)	17 (38.6)	2 (11.1)	15 (57.7)	0.0001

Circ Cardiovasc Imaging. 2019;12:e008424.

### EXTRALYSOSOMAL/CIRCULATING PLASMATIC GL3/LYSO-GL3



### INTERACTION WITH MEMBRANE CHANNELS/TOXICITY...

### **FUTURE DIRECTIONS & ONGOING STUDIES**

**DIGITALIZED ECGs** 

&

MACHINE LEARNING FOR RECOGNITION
OF ECG ABNORMALITIES AND PREDICTION
OF ASSOCIATED DISORDERS BASED ON
ELECTRONIC MEDICAL RECORDS

### Many of the ECG indices/parameters lack sufficient Sensitivity and Specificity

→ To detect novel ECG indices derived from digitized ECGs of patients with FD with and without cardiac involvement via comparison with ECGs from apparently healthy individuals.

### Digitalized ECG parameters (N=384!!)

		Ш	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
Ponset	270	270	270	270	270	270	270	270	270	270	270	270
P+ ampl	47	118	74	0	31	96	35	39	48	97	72	35
P- ampl	0	0	-28	-80	-15	0	0	0	0	0	0	-11
P+ dur	72	72	60	0	22	72	72	72	72	72	72	62
P dur	72	72	72	72	72	72	72	72	72	72	72	72
Qampl	0	0	0	-714	-170	0	0	0	0	0	0	0
Qdur	0	0	0	68	36	0	0	0	0	0	0	0
Delta wave	0	0	0	0	0	0	0	0	0	0	0	0
R ampl	449	1,007	601	0	223	797	457	480	660	1,838	1,373	891
R' ampl	0	0	0	0	0	0	0	0	0	0	0	0
R dur	58	64	45	0	26	56	23	36	43	64	64	56
R' dur	0	0	0	0	0	0	0	0	0	0	0	0
R notch	0	0	0	0	0	0	0	0	0	0	0	0
S ampl	0	0	<del>-</del> 97	0	0	0	-1,082	-629	-412	0	0	0
S' ampl	0	0	0	0	0	0	0	0	0	0	0	0
S dur	0	0	24	0	0	0	48	33	22	0	0	0
S' dur	0	0	0	0	0	0	0	0	0	0	0	0
QRS onset	446	440	440	440	440	440	438	438	438	438	438	440
p-p QRS ampl	449	1,007	698	714	393	797	1,539	1,109	1,072	1,838	1,373	891
QRS dur	58	64	70	68	62	56	72	70	66	64	64	56
QRS area	748	1,523	776	-1,133	-13	1,150	-748	229	725	2,714	2,038	1,295
QRS def	28	30	28	0	44	28	8	14	28	32	32	28
ST ampl	15	-4	-20	-5	18	-12	-6	-4	-7	-14	-4	-10
2/8 ST ampl	14	53	39	-33	7	46	0	6	20	43	31	14
3/8 ST ampl	67	204	137	-135	-9	171	-4	39	66	174	114	55
ST slope	13	43	35	-30	-11	39	0	11	18	40	28	16
T+ ampl	129	286	170	0	0	227	0	58	98	248	170	85
T– ampl	0	0	0	-206	-34	0	-17	0	0	0	0	0
T morph	1	1	1	-1	-1	1	-1	1	1	1	1	1
ST60 (Medtron)	2	-3	-5	0	4	-4	-3	0	-1	-10	<b>-</b> 5	-3
ST80	33	93	60	-63	-12	76	-2	12	30	93	66	33
STM (Medtron)	3	-7	-10	2	7	-9	-1	0	-4	-12	-7	-7

#### Parameters (9 selected)

LV strain

P+ amp V2

Heart rate

Q dur V1

ST60 amp V2

QT dispersion

SpQRS-tang

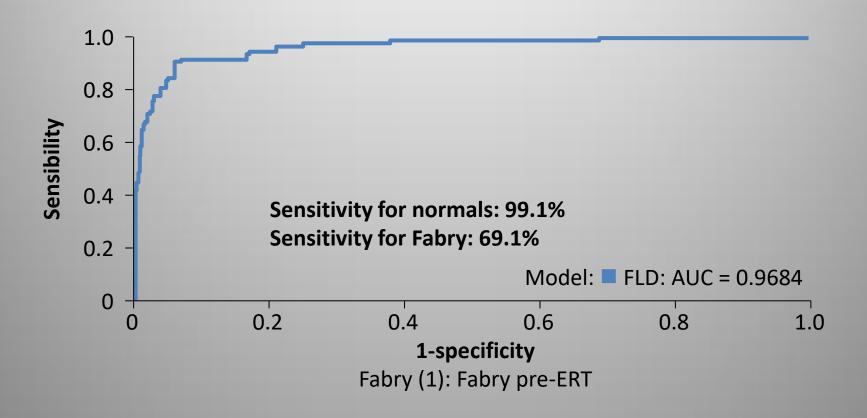
LVH score

QRS area V2

		Total			
	Glasgow, UK (n = 1,496)	Florence, Italy (n = 562)	Würzburg, Germany (n = 883)	Total (n = 2,941)	
Diagnosis					
Normal (apparently healthy), n (%)	1,496 (100)	0 (0.0)	0 (0.0)	1,496 (50.9)	
Fabry (pre ERT), n (%)	0 (0.0)	42 (7.5)	70 (7.9)	112 (3.8)	
Mean age, years	37		48		
Median age, years	36		50		
SD, years	13		15		
Males, %	57		38		

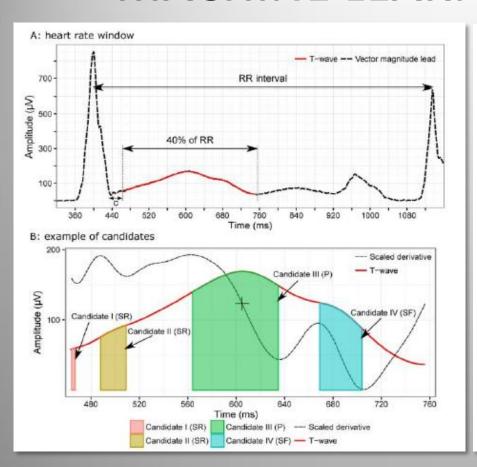
Namdar M, et al. Eur Heart J. 2018;39 (Suppl 1): ehy565.2357.

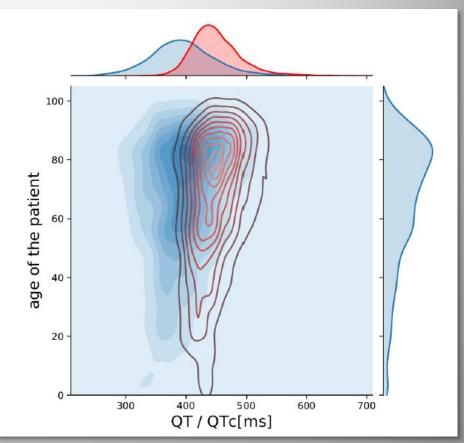
### **ROC** curve



Namdar M, et al. Eur Heart J. 2018;39 (Suppl 1): ehy565.2357.

### MACHINE LEARNING APPROACH



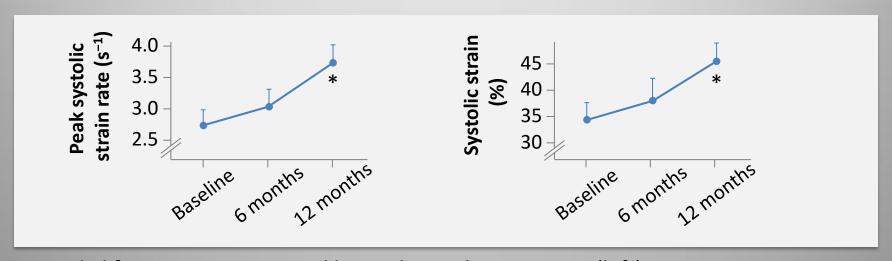


ML-based techniques is expected to support clinicians in two ways: 1. more accurate detection of abnormalities that would be missed using traditional diagnostic criteria (QT duration, axis, visual T-wave morphology). 2. raises the dimensionality of patient-specific information by integrating narrative and textual data to foster personalized therapeutics and precision medicine.



#### ERT can improve regional myocardial function

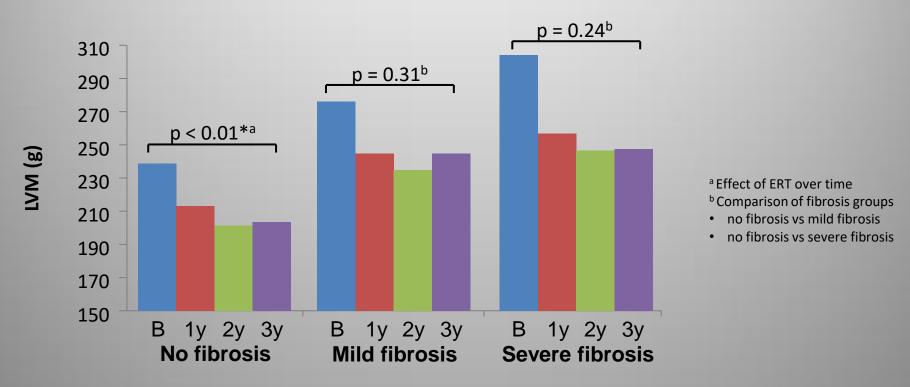
LV radial function before and after 6 and 12 months of ERT treatment



 Radial function was assessed by peak systolic strain rate (left) and systolic strain (right)

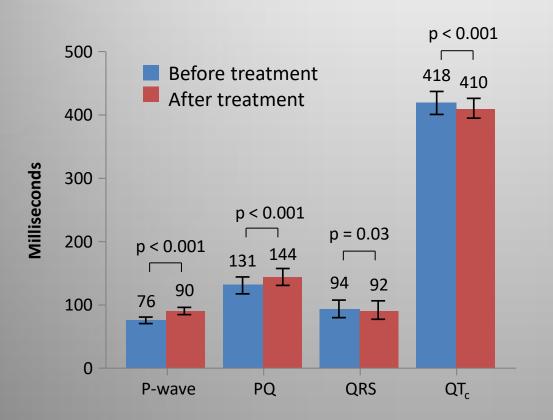
<sup>\*</sup>p < 0.05 vs baseline. LV, left ventricle.

### Treatment based reduction of LVM is dependent on level of fibrosis at initiation



B, baseline; LVM, left ventricular mass; y, year.

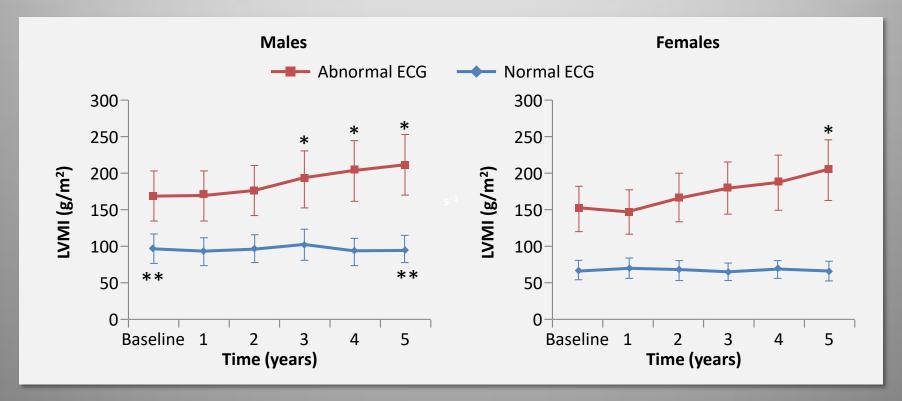
### ERT has a consistent and positive effect on ECG parameters



- Effect of ERT on ECG parameters consistent regardless of:
  - sex (male/female)
  - baseline LVH (yes/no)
  - disease burden (MSSI)

# The value of ECG parameters as markers of treatment response in Fabry cardiomyopathy

Christian Schmied, <sup>1</sup> Albina Nowak, <sup>2</sup> Christiane Gruner, <sup>1</sup> Eric Olinger, <sup>3</sup> Huguette Debaix, <sup>3</sup> Andreas Brauchlin, <sup>1</sup> Michelle Frank, <sup>1</sup> Saskia Reidt, <sup>1</sup> Pierre Monney, <sup>4</sup> Frédéric Barbey, <sup>5</sup> Dipen Shah, <sup>6</sup> Mehdi Namdar <sup>6</sup>



<sup>\*</sup> p < 0.05 compared with previous follow-up.

<sup>\*\*</sup>p < 0.005 for males vs females.

## Patients with an abnormal baseline ECG are strongly associated with disease progression

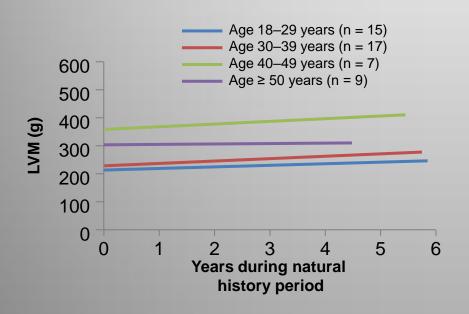
Criterion values and coordinates of the ROC curve for age at treatment initiation/diagnostic performance of an abnormal baseline ECG for disease progression

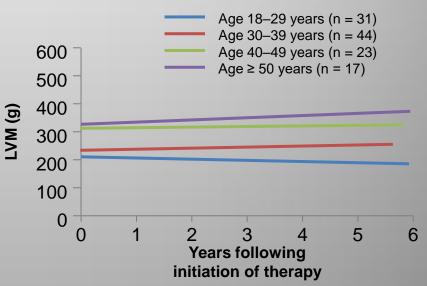
Age at treatment initiation (years)	Sensitivity (%)	Specificity (%)	+LR	95% CI	-LR	95% CI
> 27	100	61.1	2.57	1.4-4.6	_	_
> 28	100	66.7	3.0	1.6-5.8	_	_
> 29	94.4	72.2	3.4	1.6-7.2	0.08	0.01-0.5
> 30	94.4	77.8	4.25	1.8-10.2	0.07	0.01-0.5
>31	94.4	83.3	5.67	2.0-16.0	0.07	0.01-0.5
> 35	94.4	88.9	8.5	2.3-31.5	0.06	0.009-0.4
> 36	94.4	94.4	17	2.4-114.6	0.06	0.009-0.4
> 37	94.4	100	<b>→</b> -	_	0.06	0.008-0.4
> 38	83.3	100	<u> </u>	_	0.17	0.06-0.5
Abnormal baseline ECG	94.1	88.9	8.47	2.28-31.46	0.07	0.01-0.45

CI, confidence interval; +LR, positive likelihood ratio;

<sup>-</sup>LR, negative likelihood ratio; ROC, receiver operating characteristic

## Agalsidase beta 1mg/kg EOW significantly reduced LVM in patients aged <30 years (vs untreated)





LVM, left ventricular mass.

#### **Conduction abnormalities**

Morbidity



**Mortality** 

**Arrhythmia** 

Table 3	3 Annual incidence (per 100 person-years) and CI of study end-points					
	Total (cla	Total (classical/cardiac variants)		All patients		
events		Incidence	CI			
Cardiac death	7 (5/2)		0.52	0.21 to 1.06		
AF*	13 (11/2)	= 6% (vs. 1-2% normal)	1	0.53 to 1.71		
NYHA III/IV	21 (15/6)		1.62	1.00 to 2.48		
Devicet	13 (9/4)		1.07	0.57 to 1.84		
Primary	30 (24/6)		2.64	1.78 to 3.77		

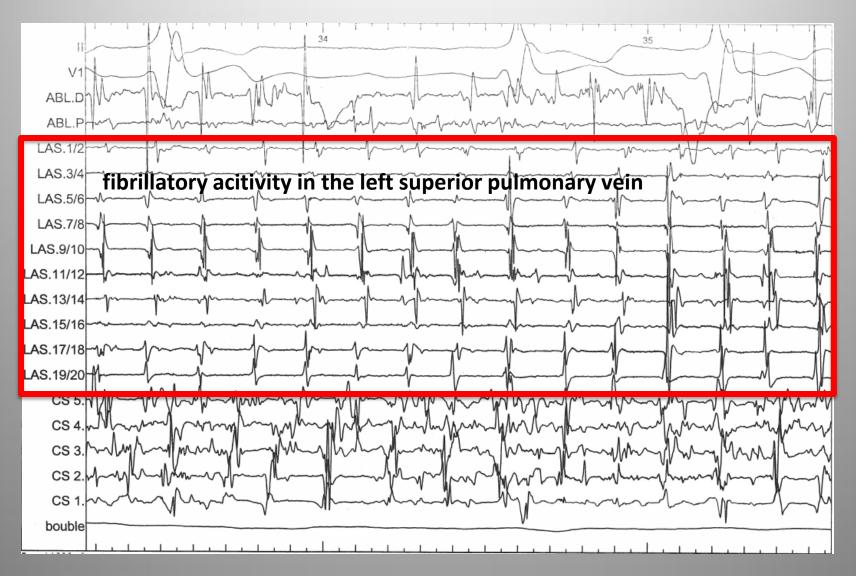
no sign difference classical vs. cardiac variants

Table 4 The relation of baseline clinical characteristics to cardiac outcomes (Cox regression with Firth's penalised likelihood estimation. Multivariate analysis)

End points (dependent	Predictors (indpendent			
variables)	variables)	HR	Cls	p Value
Composite	Age	1.04	(1.01 to 1.08)	0.004
	MSSI	1.05	(1.01 to 1.09)	0.012
	QRS duration (ms)	1.03	(1.00 to 1.05)	0.020
NYHA III/IV	Age	1.05	(1.01 to 1.09)	0.003
	MSSI	1.06	(1.02 to 1.10)	0.003
Atrial fibrillation	Age	1.05	(1.00 to 1.10)	0.04
	LA	1.11	(0.99 to 1.24)	0.053
	LVMI	1.02	(1.01 to 1.03)	0.02
Device	Age	1.05	(1.00 to 1.09)	0.033
	QRS duration (ms)	1.05	(1.02 to 1.08)	0.002
Death	LA	0.83	(0.58 to 1.07)	0.081
	LVMI	1.05	(1.02 to 1.09)	0.000

LA, left atrial diameter (mm); LVMI, indexed LV mass (g/m²); MSSI, Mainz Severity Score Index; NYHA, New York Heart Association.

# 52-yrs old male, under ERT, 14mm, symptomatic PAF, refractory / contraindication to AAD − underwent PVI by means of RF → 18 months FU in SR off AAD & non-Vit-K antagonist



Pulmonary vein isolation successful in restoring and maintaining sinus rhythm

Pulmonary veins remain the source of critical triggers necessary for AF initiation despite apparent diffuse myocardial involvement

No evidence of "Fabry-AF"

Amiodarone cationic amphiphilic drug inhibiting lysosomal degradation of phospholipids and corneal verticillata similar to FD 

not recommended

Beta blockers  $\rightarrow$  sinus bradycardia, limiting tolerability

The choice of other AAD classes therapy limited in Fabry cardiomyopathy.

Oral anticoagulation (role of non-Vit-K antagonists to be evaluated)

### **Blocks**

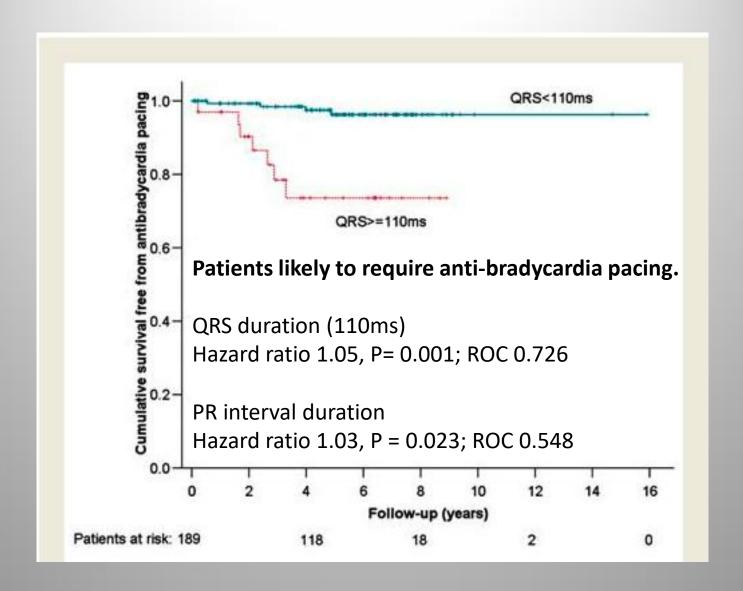
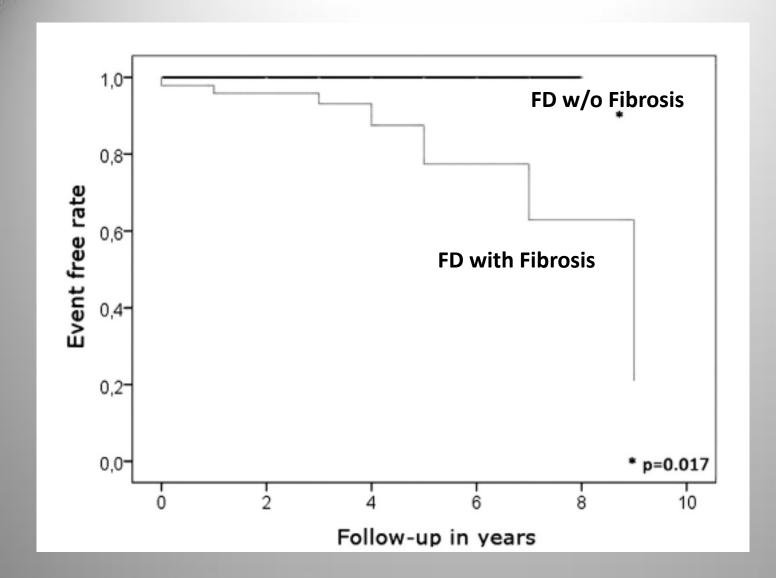


Table 4 The relation of baseline clinical characteristics to cardiac outcomes (Cox regression with Firth's penalised likelihood estimation. Multivariate analysis)

End points (dependent	Predictors (indpendent			
variables)	variables)	HR	Cls	p Value
Composite	Age	1.04	(1.01 to 1.08)	0.004
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LA, left atrial diameter (mm); LVMI, indexed LV mass (g/m<sup>2</sup>); MSSI, Mainz Severity Score Index; NYHA, New York Heart Association.

### Ventricular arrhythmias



### **CONCLUSIONS**

Cardiac involvement is present early in life but is not detected clinically until the third or fourth decade

Age (ca. > 35 yrs) seems to play an important role as an epi-parameter for the development of diastolic dysfunction, LVH, Fibrosis and ECG alterations

ERT to start before signs of manifest cardiomyopathy – for the time being = LVH and/or ECG abnormalities

T1 - MRI - Mapping of utmost importance for early recognition of myocardial involvement

ECG changes/arrhythmia may precede LVH (not just villain bystanders) – preclincal ECG changes/trends important precursors of clinical events

Arrhythmia major driver for morbidity & mortality

AAD choice in AF limited → consider pulmonary vein isolation

## SEARCH & TREAT ARRHYTHMIA IN FABRY DISEASE!

- ERT is well tolerated
- ERT is of proven benefit: no progression rather than regression
- Start ERT as early as possible, for optimal outcomes
- There is a missing link between GL-3 accumulation, clearing, and ERT effect, toxicity of circulating GL3, lyso-GL3?
- The ERT effect is related to baseline characteristics

stage of cardiomyopathy and age are important factors

